Nutty Breakfast Sandwich

Ingredients

2 frozen waffles
1 tablespoon peanut butter
1/2 banana, sliced

Directions

1. Toast both waffles.
2. Spread 1 waffle with peanut butter and top with banana slices.
3. Put other waffle on top to make a delicious and nutritious breakfast sandwich.

Makes 1 servings

Nutrition information per serving (1 sandwich):
360 calories, 14g fat, 9g protein
53g carbohydrates, 4.5g dietary fiber