1. Preheat oven to 375° F.
2. Stir together flour, baking soda, and baking powder in a small bowl.
3. Beat butter, yogurt, and sugar with an electric mixer in a large bowl until smooth. Add egg and beat well; then beat in vanilla extract.
4. Stir in flour mixture until well mixed.
5. Roll dough into walnut-sized balls and place 2-inches apart on baking sheets.
6. Bake in oven until golden, 8 to 10 minutes.
7. Let stand on baking sheet 2 minutes before removing to cool on wire racks.