Pumpkin Energy Balls

Ingredients

1 cup oatmeal (quick oats work best)
¼ cup pumpkin puree
½ teaspoon pumpkin pie spice
¼ cup brown sugar
¼ cup raisins or chocolate chips
Optional: 1 Tablespoon chia seeds or flax meal

Directions

1. Combine all ingredients in a mixing bowl. Stir until well mixed.
2. Form into 1-inch balls and roll in powdered sugar or coconut.
3. Refrigerate until firm. Store in refrigerator.

Makes 10-12 balls