Quick Bruschetta

Ingredients
1 loaf French bread
8 Roma tomatoes
1/3 cup chopped fresh basil
2 cloves garlic, minced
1/4 cup shredded Parmesan cheese
1 Tablespoon balsamic vinegar
1 teaspoon olive oil
Salt and pepper to taste

Directions
1. Preheat oven to 375°F
2. Cut bread into 1/3 inch-thick slices. Arrange in single layer on baking sheet and bake 8-10 minutes or until golden brown, turning once
3. In a bowl, toss together tomatoes, basil, Parmesan cheese, and garlic. Mix in balsamic vinegar, olive oil, salt and pepper
4. Serve on toasted bread slices

Makes 8 servings

Nutrition information per serving:
194 calories, 2.5 g fat, 8.3 g protein, 35.2 g carbohydrates, 471 mg sodium