Nutty Breakfast Sandwich

Ingredients

2 frozen waffles
1 tablespoon peanut butter
1/2 banana, sliced

Directions

1. Toast both waffles.
2. Spread 1 waffle with peanut butter and top with banana slices.
3. Put other waffle on top to make a delicious and nutritious breakfast sandwich.

Nutrition information per serving (1 sandwich):

- 360 calories
- 14g fat
- 9g protein
- 53g carbohydrates
- 4.5g dietary fiber

Makes 1 servings