1. Preheat oven to 350° F.
2. Arrange the chicken in a single layer in a casserole dish. Warm the honey slightly in a microwave and brush it evenly over the chicken.
3. Combine the sesame seeds, garlic powder and pepper in a small bowl. Sprinkle the mixture evenly over the chicken.
4. Bake uncovered for 30 minutes or until the chicken is cooked through.

Makes 4 servings