Tasty Tuna Dip

Ingredients
8 ounce cream cheese
1 can (5 ounce) tuna, drained well
2-3 garlic cloves, crushed
1 dash garlic salt
1-2 tablespoon mayonnaise
Optional: finely chopped celery, green onions, olives, pickles or nuts

Directions
1. Mix all the ingredients together, refrigerate for 1 hour to let the flavors blend.
2. Serve with veggies or crackers.

Makes 8 servings

Nutrition information per serving
(2 tablespoons):
134 calories, 11g fat, 7g protein
1.9g carbohydrates, 188mg sodium