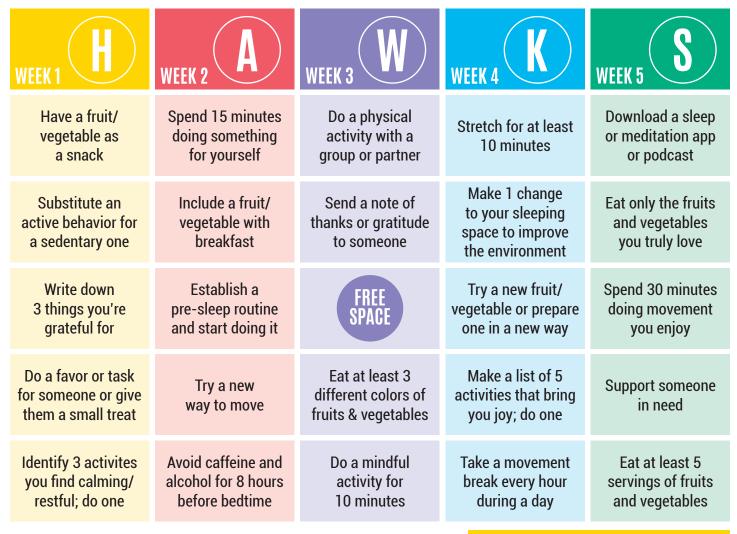
## 5 WEEK HEALTHY HABITS PROGRAM





See weekly email or website for additional details on completing the activities.





