

Beef Stroganoff

Ingredients

- 1 pound cubed beef stew meat
- 1 can reduced fat and sodium condensed golden mushroom soup
- ½ onion, chopped
- 1 can sliced mushrooms, drained
- 1 tablespoon Worcestershire sauce
- ¼ cup water
- 4 ounces reduced fat/low fat cream cheese



Directions

1. In the slow cooker, combine meat, soup, onion, Worcestershire sauce, and water.
2. Cook on LOW for 8 hours or HIGH for 5 hours.
3. Stir in cream cheese right before serving. Serve over cooked egg noodles or rice.