

Tropical Fruit Salad

Ingredients

1 mango, sliced
2 bananas, sliced
2 kiwi, sliced
2 cups strawberries
3 tablespoons orange juice
1 tablespoon lemon juice



Directions

1. Mix the mango, banana, kiwi, and strawberries.
Stir in the orange and lemon juice.

Makes 4 servings

*Nutrition information per serving:
Calories 86, Fat < 1 g, Protein 1 g,
Carbohydrates 22 g, Cholesterol 0
mg, Sodium 3 mg*