

# Greek Salad Pita Sandwiches

## Ingredients

|   |                                       |
|---|---------------------------------------|
| 3 tablespoons olive oil                           | 1 cup diced cucumber                  |
| 1 tablespoon red wine vinegar                     | 1 cup diced green bell pepper         |
| 1 can garbanzo beans, drained & rinsed            | 2/3 cup chopped red onion             |
| 1 1/4 cups chopped seeded plum or cherry tomatoes | 1/2 cup chopped radishes              |
|   | 1/2 cup chopped fresh Italian parsley |
|   | 1 cup crumbled feta cheese            |
|   | 4 8-inch pita breads, halved          |



*Makes 4 servings*

## Directions

1. Whisk olive oil and red wine vinegar in large bowl. Season dressing with salt and pepper.
2. Mix beans, tomatoes, cucumber, bell pepper, red onion, radishes, and parsley into dressing. Stir in feta cheese. Cover and chill. (Note: Salad can be made up to 2 days ahead.)
3. Using slotted spoon, transfer salad mixture to pita bread halves. Serve immediately.

*Nutrition information per serving:  
397 calories, 20g fat (7g saturated),  
775mg sodium, 45g carbohydrate,  
7g fiber, 13g protein*