

# Lazy Day Pasta

## Ingredients

1/2 of a 16-ounce package pasta	1 tomato, diced
3 teaspoons butter	1/4 cup grated Parmesan cheese
1 small zucchini, sliced	1 1/2 teaspoon milk
6 mushrooms, quartered	

## Directions

1. Bring a large pot of water to a boil. Add the pasta, cook until desired tenderness, and drain.
2. While the pasta cooks, melt 2 teaspoons of butter in a large skillet over medium heat. Add the zucchini and mushrooms and sauté until soft. Add the tomato and cook for another minute.
3. Melt the remaining teaspoon of butter in the hot pasta. Add the cheese, milk and vegetables. Stir well and serve.



*Makes 4 servings*

*Nutrition information per serving:  
276 Calories, 6g Fat, 11g Protein,  
45g Carbohydrate, 153mg Sodium*