

# Power Bowl Sauces

## *Creamy Lime Sauce*

2 Tablespoons plain Greek yogurt

1 teaspoon lime juice

1/4 teaspoon lime zest

1/4 teaspoon cumin

Mix all ingredients together and pour over power bowl before eating.

## *Peanut Sauce*

1 Tablespoon peanut butter

1 teaspoon soy sauce

1 teaspoon lime juice

1 teaspoon maple syrup

1/4 teaspoon ground ginger

1/4 teaspoon garlic powder

Mix all ingredients together and pour over power bowl before eating.



*Makes 1 serving*