

Guacamole Salad

IOWA

Student Wellness

Ingredients

1/4 cup extra-virgin olive oil	1 (15 ounce) can black beans
2 tablespoons lime juice	1 jalapeño, minced
1/4 teaspoon cumin	1/4 cup of cilantro, chopped
1 pint cherry tomatoes	Salt and pepper to taste
1/2 cup corn	
2 cups cubed avocado	
1 diced red onion	

Directions

1. In a small bowl, make the dressing: Whisk together olive oil, lime juice, and cumin. Season with salt and pepper. Set aside.
2. In a large bowl, combine remaining ingredients. Toss with dressing until well combined.



Makes 4-6 servings