

Quick Bruschetta

Ingredients

1 loaf French bread	1/4 cup shredded Parmesan cheese
8 roma tomatoes, diced	1 tablespoon balsamic vinegar
1/3 cup chopped fresh basil	1 teaspoon olive oil
2 cloves garlic, minced	Salt and pepper to taste

Directions

1. Preheat oven (or toaster oven) to 375°.
2. Cut bread into 1/3-inch-thick slices. Arrange in a single layer on baking sheets and bake 8 to 10 minutes or until golden brown, turning once.
3. In a bowl, toss together the tomatoes, basil, Parmesan cheese, and garlic. Mix in the balsamic vinegar, olive oil, kosher salt, and pepper.
4. Serve on toasted bread slices.



Makes 8 servings

*Nutrition information per serving:
194 calories, 2.5g fat, 8.3g protein*

35.2g carbohydrates, 471 mg sodium