

# Banana Oat Pancakes

**STUDENT  
HEALTH  
&WELLNESS**

## Ingredients

1 egg  
1/2 cup banana, mashed  
1/2 cup rolled oats

## Directions

1. Crack egg into small bowl and whisk
2. Add in mashed banana and rolled oats
3. Stir to combine
4. Heat a skillet and spray with cooking spray
5. Pour one half of batter onto your skillet, cook until slightly browned on both sides, flipping after 1 minute



*Makes 2 pancakes*