Chocolate & Fruit Frozen Yogurt

Bark

STUDENT HEALTH &WELLNESS

Ingredients

- 2 cups plain or vanilla Greek yogurt
- 1 Tablespoon sugar (if using plain yogurt)
- 1/2 cup fruit of choice (blueberries, strawberries, etc.)
- 1/4 cup dark chocolate chips
- 2 Tablespoons shredded coconut (sweetened or unsweetened)

Directions

- 1. Mix about half of the fruit and chocolate into the yogurt
- 2. Pour into a parchment paper-lined rimmed baking sheet, spreading it out to be about 1/4 inch thick
- 3. Sprinkle with remaining fruit, chocolate and shredded coconut
- 4. Freeze for a few hours, until hard
- 5. Using a knife or hard spatula, break bark into chunks. Transfer to an airtight container and store in freezer



Makes 8 servings