

# Raspberry Sorbet

## Ingredients

7-8 ounces frozen raspberries  
3-4 Tablespoons orange juice or maple syrup  
1 teaspoon lemon juice



## Directions

1. Place frozen raspberries into small food processor or ice crushing blender
2. Pulse to crush fruit into small pieces and add orange juice (or syrup) a tablespoon at a time (while pulsing) to create smooth sorbet-like paste
3. Add lemon juice and run processor or blender for a few seconds to mix
4. Spoon into a bowl and serve immediately—or store in the freezer until ready to serve

*Makes 1 serving*